

Spa Asia

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anupa

Created and inspired by the passion of a woman who believes in making a positive difference in others through the beauty of their uniqueness. She creates leather products featuring anupa's signatory tourmaline set in platinum or gold. This semi-precious stone is believed to protect its wearer against negative energies. The collection includes yoga bags, spa accessories, travel wallets and many more one-of-a-kind accessory.

Anupa's creations are limited edition pieces – only a few are made each year. Her creation reflects her Indian heritage and French passion.

Anupa embodies passion, creative freedom, individuality, high quality durable materials and most of all a sense of fun! Anyone with an Anupa pays tribute to their true self, celebrating the beauty and independence of individuality!

Anupa is available currently at RafflesAmrita Spa, Raffles The Plaza, Singapore and The Six Senses at Evason Ana Mandara & Spa, Nha Trang, Vietnam. For more of Anupa resort collection and other delectable pieces, visit: www.anupa.net



Disoia Soy Inspired Knitwear

The benefits of soy are vast, but as part of your wardrobe? Well, the idea is deemed plausible and possible thanks to industry fashion brand leader, Disoia. Disoia's "tissue weight" high quality knitwear line is conceived from 94% of Azlon, a soybean derivative.

Fashionable, comfortable and eco-friendly, the Disoia spa line of knitwear is perfect for all who favour a sense of well-being in support of trendy, versatile clothing. Be it a visit to the spa, shopping with the girls, a yoga session, or for apparel worthy of a tropical getaway; Disoia nature-inspired knits are distinct in style and ideal for women 'on-the-go'.

The luxury soy knits complements a healthy lifestyle are available in colours of Palm Green, Sunset Coral and Tile Blue.

sports FEAST

For all sports and fitness enthusiasts, block these dates in your calendar: November 24 to November 26 as the Sports & Fitness Expo returns with a bigger bang. The largest dedicated sports event in Singapore, the expo will be held at Suntec, Singapore with more exhibitors, activities, promotions and fun.

Promoting an active and healthy lifestyle as well as providing an exciting showcase of top sports brands, the Sports & Fitness Expo is the place to be if you're an avid sports person. Find the latest in sporting gears and equipment and learn more about the sporting industry and its products. This year's event sees the launch of two new sporting arenas – Outdoor Sports & Adventure Travel and Kids Sports – to engage visitors for new and exciting activities. Everything you need to know about sports, fitness and active living all under one roof.

For more information on the Sports & Fitness Expo 2006, log onto www.sportsfitnessexpo.com.sg